

## SST (10min 50-70 字)

### SST 模板

0-This lecture mainly discussed + 主題

1-Firstly, the speaker highlighted + 踩點 1

2-After that, the speaker also mentioned that + 踩點 2

(3- Furthermore, the lecturer argued that + 踩點 3)

4-Finally, 踩點 4

(In conclusion, this lecture is about+ 主題)

如果記的點很多，就把模板最小化，直接用寫原文

太陽彼得後面都沒有寫 In conclusion, 因為字數會爆，不過字數不夠也可以寫