

Workplace Health and Safety

6. Uniform Policy

Nursing and Midwifery Clinical Uniform

All University of South Australia students will maintain a professional, well groomed appearance during on-campus and off-campus clinical practice. Clothing and grooming contributes to a positive impression of the individual and organisation and maintains safety standards.

Personal and clothing hygiene is expected to be of a high standard. Please undertake personal hygiene needs and wear a clean shirt for each HHHS session and clinical placement shift.

Health and safety, security and infection control considerations will be given priority while recognising and accommodating cultural norms and religious requirements where possible.



Students who have any questions regarding the uniform requirements are asked to speak with one of the Clinical Nurses, Clinical Midwives or the Clinical Facilitator.

Any variation on the uniform including trouser colour is not acceptable.

Students not attired correctly will be asked to leave the HHHS and/or clinical placement.

Lost time must be made up by the student in consultation with one of the HHHS Clinical Nurses/Midwives or the Clinical Facilitator.

Shoes

Footwear worn by students providing direct clinical care will:

- Meet WHS & IM requirements
- Provide full protection (i.e. closed tops, enclosed heel, no holes or vents)
- Be non-porous, (i.e. leather) easily cleaned and well maintained.
- Have slip resistant soles



Fingernails

- All students who provide direct patient/client care must have **short, clean** fingernails. (The nails should not extend beyond the fingertip).
- Finger nail polish (including clear) is not to be worn.
- Gel, or acrylic nails or extensions are ***not to be worn in any clinical setting.***
- These precautions are to reduce the risk of nosocomial infection
- Please refer to the **SA Health hand hygiene clinical guidelines.**



Clothing

SHIRT:

- The blue & white pinstripe buttoned shirt with University logo from **Valerie Travers**. (see below for purchasing details)
- Long sleeve tops are not allowed under the shirt.
- Hooded and sleeveless tops, cardigans or other garments are not to be worn over the uniform.
- Students are permitted to wear a long sleeved top and/or headwear for **Cultural reasons**
- Students that require alterations to uniform clothing for **allergy reasons** will require an access plan
 - This additional wear must be in navy.
 - The sleeves must be pulled up to elbows in clinical areas (both in HHHS sessions and in clinical placements) but can be pulled down for when off the ward for breaks etc. *Refer again to SA Health Clinical Guideline on Hand Hygiene*
 - The head wear must be short enough so that the fabric stays close to the body and there is no chance that it will fall onto patients or be caught in any equipment. It must be tucked into the shirt.

PANTS/SKIRT:

- Navy skirt or navy trousers.
- Trousers must be of a professional cut (i.e. no skinny leg/low waist.)
- Cargo pants and shorts are not allowed.
- Skirts must be at least knee length, no longer than mid calf and have enough room for you to move freely.
- Skirts are to be worn with opaque black stockings (i.e. no ankle boots with socks).



Name Badge

- Name badges are blue and white with the University logo, **student first name only** and designation as a nursing or midwifery student.
- Name badges must be worn during every shift and must be clearly visible.
- see below for purchasing details



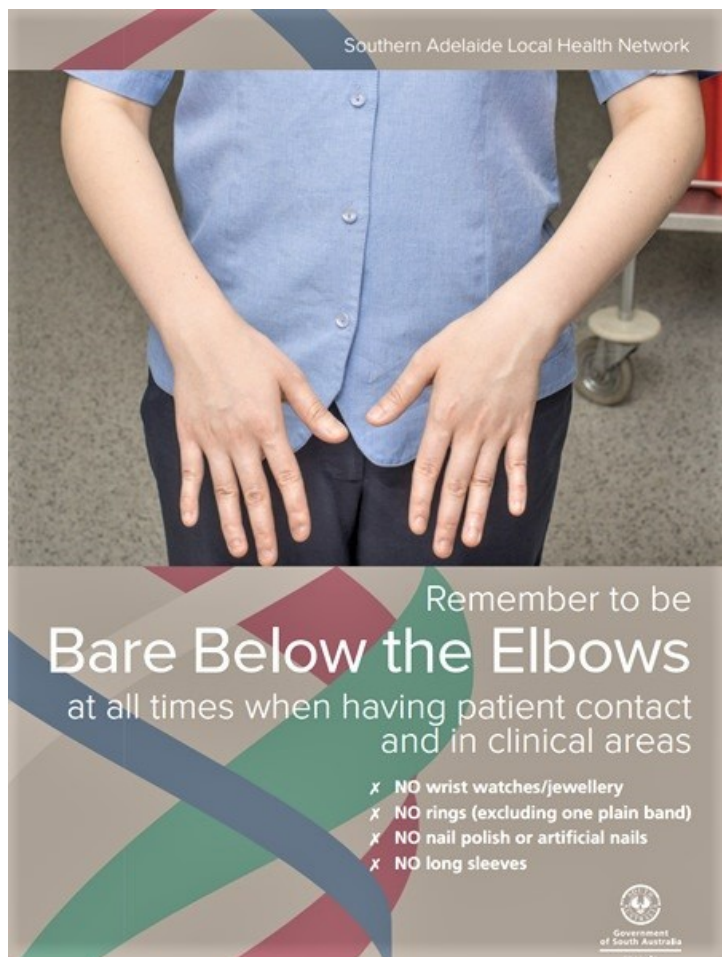
Identification cards

- Identification Cards must be carried at all times when conducting university business.
- The ID card contains a barcode used to scan for attendance within the HHS areas and to open HHS doors



Jewellery

- No jewellery, including piercings, is to worn below elbow level. A plain wedding ring **only** is acceptable.
- No wrist watches. A nursing fob watch with a second hand should be worn.
- Facial jewellery should be kept to a minimum and be restricted to small studs.
- Stud earrings only are allowed.
- "bare below the elbow"



Hair

- Hair is required to be clean, tied up and away from the face and shirt collar.
- If head wear is required for religious reasons, it must be tucked in into the shirt.
- **Facial hair** must be short and neat



How to Purchase your uniform and Name badge

Uniforms:

Uniforms are available for purchase from:

Valerie Travers: 193 Angas St, Adelaide SA 5000.

Ph (08) 8223 5375

Uniforms can also be ordered online from: [Valerie Travers UniSA Nursing Uniforms](#)

Name Badges:

Name badges can be ordered from:

Verrall Engravers, shop 26 Da Costa Arcade, 68 Grenfell street, Adelaide SA 5000. 8223 4126

New badge with pin \$7.50 or with magnetic back \$8.50

Please note that the badges are done whilst-you-wait (5 minutes) and therefore CANNOT be ordered online. It must be done in person.

Their website for your information: **Verrall-engravers.com**